ELITE RETIREMENT CONSULTANTS LLC

Quarterly Economic Update Second Quarter 2016



This year has been a very inconsistent one for investors and it's only half over. Although recent events in the United Kingdom have dominated recent headlines, it was not that long ago when the big global concerns were about Asia. It also seems like the free fall of oil prices and highly contentious presidential primaries are distant memories.

The second quarter of 2016 was a period where investors were reminded once again of the market's volatility. At the quarter's end, the S&P 500 index added 1.9% for the April-June period. Much of the biggest gains came from energy stocks, which benefited from a rebound in oil prices, and utilities and telecom companies, which became more attractive as bond yields declined.

The Dow Jones Industrial Average gained 1.38% during the second quarter and the NASDAQ lost 0.56%.

While headlines might read that the stock market closed out the second quarter with modest gains, these closing numbers do not reflect the volatility that could have concerned even the most seasoned of investors.

In order to finish the quarter in positive territory, the Dow Jones Industrial Average finished June with its best 3 days in 4 months. Investors remained in a buying mood on the quarter's last day as U.S. stocks rallied for a third consecutive day of gains of over 200 points. These gains recouped nearly all of the losses from the prior week's surprising United Kingdom's referendum to leave the European Union ("BREXIT").



NASDAQ

4,842.67 -0.56%



(Source: Investing.com 6/30/2016)

While the equity market's rally suggests that traders' anxiety over Britain's departure from the European Union have eased, a surge in U.S. bond prices on June 30th signaled that many investors remain cautious about the possible long-term implications. As bond prices rose, the yield on the 10-year Treasury note fell to 1.47%.

For many experts, the first half of 2016 seems to have shown an investment world that is upside down. Investors have been turning to stocks for income and bonds actually showed a source of capital gains. (Source: Barron's 7/4/16)

Confusing First Half of 2016

As a brief review, the first half of 2016 was a confusing one for investors. Within the U.S. equity markets, the biggest winners were stocks that offered dividend income like utilities, telecoms, and consumer staples. Many experts feel these equities can still provide dividend income but at their current valuations they may offer little, if any, growth. U.S. equity averages are once again within a few percent of their records and bond yields have fallen to record lows. U.S. treasuries and several other sovereign bonds now trade with yields that suggest low returns for investors.

When the year began, many analysts predicted higher interest rates and that would have fared poorly for bond investors. Three or four interest rate hikes were anticipated by the Federal Reserve and if that happened investors with long maturity bonds would have suffered. Instead, both 10 and 30 year U.S. Treasury Securities hit their lowest yields ever. According to *Tradeweb* data cited by the *Wall Street Journal*, the benchmark 10-year Treasury note traded at 1.385% in the wee hours of Friday July 1st which is below the 1.404% closing low of July 24th 2012, during the European debt crisis. *(Source: Barron's 7/4/16)*

In Brief...

- Investors faced a confusing and volatile first half of 2016.
- Interest rates look to remain low for longer.
- Several foreign central banks are using negative interest rates.
- The United Kingdom voted to exit the European Union (Brexit)
- → Oil prices advanced but are still far below all-time highs.
- Investors need to consider their own situations first!

Oil prices, foreign currency valuations and corporate earnings are all still major concerns for investors. All of those issues took a back seat in late June as the United Kingdom's vote to withdraw from the European Union set off a shock wave of uncertainty which eased quickly the following week. Another highly anticipated and uncertain situation that should heat up in the next few months is who will reside in the White House next January. While that situation still has further to go, investors should also pay careful attention as to which party will control the Senate in 2017. All in all, 2016 is only halfway complete and the rest of the year could prove to be adventurous.

Here are some specific areas investors should watch in 2016:

Interest Rates -"Lower for Longer"

As of the end of the second quarter, central banks appear ready to keep rates lower for longer. So far in the United States, there has been only one rate hike since the end of the Great Recession. It was December, when the Fed increased rates from near zero to a range of 0.25 to 0.5%.

This year, there have been no rate increases and Fed Chair Janet Yellen has already signaled a reluctance to raise rates. Yellen, told Congress on Tuesday June 21st that weak economic growth in the United States could force the Federal Reserve to hold off on any imminent interest rate increases. "Proceeding cautiously in raising the federal funds rate will allow us to keep the monetary support to economic growth in place while we assess whether growth is returning to a moderate pace," she said. Despite all of her caution about the economy, Ms. Yellen did not see a recession on the horizon. "The odds of a recession are low," she said. As always, she and her colleagues will continue to monitor the economy and inflation carefully.

(Source: The New York Times 6/22/2016)

In the United States, the expectation had been that the Fed could raise rates twice this year, with the first hike occurring next month. However, economists now say a Fed rate hike is off the table, not only for the next meeting but for the rest of this year. "The Fed is looking at potentially years of uncertainty. This will hurt consumer spending and capital investment in the United States," said Sung Won Sohn, an economics professor at California State University, Channel Islands. "I would put it pretty close to zero probability that we will have a hike in interest rates this year or next year."

(Source: PressHerald.com 6/30/2016)

When investors consider preparing for lower rates for longer, they are targeting the Federal Reserve and its likely policy on short-term interest rates. The Fed is expected to keep the cost of borrowing money lower for longer than was previously expected. If rates remain low, then savers will suffer longer with low returns on their accounts. Homebuyers, companies and governments will be able to keep on borrowing cheaply. Federal Reserve Vice Chairman Stanley Fischer said on July 1st that it was too soon to tell whether Britain's vote to leave the European Union had changed the U.S. economic outlook. He continued by saying, "It clearly is a huge event for the U.K., and it's an important event for Europe." As for whether the United States would consider guiding interest rates into negative territory - as central banks in Japan, Switzerland and elsewhere have done - Fischer said it was unlikely. (Source: CNBC.com 7/1/2016)

Negative Interest Rates

Since the global financial crisis of 2008, major central banks have implemented extraordinary monetary policies. This has included reducing interest rates to a near zero rate. Central banks used this strategy to promote growth and provide economic stimulus.

IN NEGATIVE TERRITORY

Central banks set a negative interest rate so that commercial banks will be charged for holding some deposits. The policy is intended to encourage lenders to use their currency reserves to make loans and spur growth.



The U.S. Federal Reserve (Fed) has maintained an ultra-low interest rate policy, but the European Central Bank (ECB) and the Bank of Japan (BOJ) have implemented negative policy rates. Today, over 30% of the world's global sovereign debt supply is now in negative territory. A negative interest rate means the central bank and perhaps private banks will charge negative interest; or instead of receiving money on deposits, depositors must pay regularly to keep their money with the bank.

(Source: Broadleaf Partners 6/30/16)

While the strategy of keeping interest rates negative may have helped lenders, it creates unease for savers. Negative interest rates also take away the Central Banks' ability to use interest rate reductions as a way to ease things during uncertain times.

A jump in purchases of safes has been reported in Japan as people store their money at home instead of in bank accounts. In a recent letter to a congressman, Janet Yellen said that, "Policymakers would need to consider a wide range of issues before employing this tool in the United States, including the potential for unintended consequences."

(Source: Wall Street Journal 5/16/2016)

"BREXIT"

In a move that surprised the markets, Britons voted on a referendum to leave the European Union on June 23rd. Known as "Brexit", this event dominated the headlines the last few weeks of the quarter. While the long-term repercussions are still far from certain, equity markets around the world were reeling from the news.

U.S stocks suffered a drop of over 3% the day after the vote. However, the markets recovered almost all of their losses the following week. Because American companies generate 70% of their revenues domestically, they continue to remain insulated from global events. Stocks are still appealing relative to bonds, where more than 60% of stocks in the S&P 500 carry a dividend higher than the 10-year Treasury note, according to Bespoke Investment Group.

During this same time period, the Federal Reserve held a stress test of 33 of the largest banks. In a worst-case scenario theorized by the Fed, the banks tested had nearly twice as much capital as required (8.4% versus the prescribed 4.5%). This is more than enough to withstand a potential loss of \$385 billion from bad loans. Analysts feel this test should help allay fears that Brexit will not create a repeat of the 2008 crisis that could take down the financial system.

Foreign markets are another story. Following Brexit, the Stoxx Europe 600, which measures large, mid, and small capitalization companies across 18 countries in the European region, suffered its largest one-day decline since the 2008 financial crisis of 7%. The British Pound fell 9% to its lowest level in 3 decades.

The political fallout also continued to play out. Upon the news that Brexit was confirmed, British Prime Minister David Cameron announced that he will resign from his position by October. The full logistics of how the country will depart from the European Union are still unknown, and no one is sure how trade negotiations will proceed after this historical vote. While markets loathe uncertainty, there may be a silver lining: trade agreements are now a blank slate. Wise policies in London, Brussels, and Washington could potentially repair any damage.

Ultimately, Fidelity analysts summarized that this event could cause an increase in the likelihood for a British recession. The impact on the United States should remain relatively small due to consumer spending, and the Fed is not likely to raise interest rates the rest of the year.

(Sources: Barron's 6/27/2016, Fidelity.com 6/26/2016)

Oil and Energy Prices

After a miserable start to the year, energy prices turned higher and were the best performing commodity sector during the second quarter of 2016.

The plunge in the price of oil over two years caused it to halve in value from 2014 highs, but in this quarter, crude oil posted impressive gains. Energy was the worst performing sector of 2014 and it repeated and took the dubious honor of being the worst performing sector of 2015. This quarter it has become the best-performing commodity sector, and it is also the leader for the first six months of the year.

While this provided some relief, geopolitical and other factors can quickly affect energy prices. The first six months of this year saw huge price recoveries for energy, but analysts feel it is likely that there will be more volatility in the second half of 2016 across all energy markets. There are so many things going on globally that could send the price of oil higher or lower in upcoming months but for the second quarter many energy companies performed well. Equity markets do not like uncertainty and investors need to still keep a watchful eye on oil prices. (Source: Seeking Alpha 7/5/2016)

Should I Stay Invested?

Experts agree that investors always need to consider the risks of investing when making decisions. Investors should always be prepared. A well-defined investment plan tailored to your goals and financial situation that considers the chance of normal ups and downs of the market can help investors during volatile times.

No one can fully predict the future and past performance is no assurance of any type of financial return. Investors do have historical information to review. In fact, what seemed like some of the worst times to get into the market turned out to be the best times. As the chart in our newsletter shows, the best five-year return in the U.S. stock market began in May 1932—in the midst of the Great Depression. The next best five-year period began in July 1982, amid an economy in the midst of one of the worst recessions in the postwar period, featuring double-digit levels of unemployment and interest rates. Other good fiveyear periods include the one following the 2009 Great Recession.

(Source: Fidelity 6/30/2016)



Today's low interest rates are not helping investors and retirees who might need current income. Pension funds and insurance companies are also facing difficulties in generating returns that meet their needs. At the midyear roundtable conducted by *Barron's*, a panel of stock market experts felt that stocks would rise by less than 5% in the second half of 2016. Although they predict a rise, they cautioned investors to be very selective when choosing investments.

(Source: Barron's 6/13/2016)

Some analysts are suggesting that with interest rates at or near historic lows we are in an era of "TINA" or There Is No Alternative to stocks. They cite that in a world where cash returns nothing and bond yields are little more, that equities might be the only source of return for investors. This will require patience for investors and your portfolio needs to be one that is adjusted to your specific situation. If you have any questions about your investments call us or bring these concerns up at your next review. (Source: Barron's 7/4/2016)

CONCLUSION

As always, investors need to proceed with caution. We are carefully monitoring equity markets and interest rates so we can communicate with clients. Experts are predicting that the second half of 2016 could include uncertainty which typically causes quick and extreme volatility. Market volatility is a part of investing and it should be a reminder for you to review your investments regularly. So instead of being worried by volatility, try to be prepared.

Equity investors should be prepared to take a long term approach when looking at returns. Your time horizon, goals, and tolerance for risk are key factors we consider in helping to ensure that you have an investment strategy that is created for you.

Four Suggestions to Help You Prepare for Volatile Markets

Rethink your time horizons.

Market downturns happen often and recoveries could still provide long-term gains.

Plan for your situation.

A plan that coordinates your risk tolerance with your goals and situation could help you cope with volatility.

Avoid acting emotional.

The fundamentals of good investments do not change as quickly as investor emotions.

Call us!

Our goal is to help our clients at all times, especially during volatile ones!

Now is good time to ask yourself:

- 1. Has my risk tolerance changed?
- 2. Have my time horizons or needs changed?

3. What are my investment cash flow needs for the next few years?

Instead of focusing on the markets, focus on your situation. Your answers to these questions will govern how we recommend investment vehicles for you to consider. We can help you determine which investments to avoid and how long to hold each of your investment categories before making major

adjustments. For example, if your cash flow needs have changed for the next few years, you might consider different investments than someone who has limited to no cash flow needs.

We continually review economic, tax and investment issues and draw on that knowledge to offer direction and strategies to our clients.

We pride ourselves in offering:

- consistent and strong communication,
- a schedule of regular client meetings, and
- continuing education for our team on the issues that affect our clients.

A good financial advisor can help make your journey easier. Our goal is to understand our clients' needs and then try to create a plan to address those needs.

We continually monitor your portfolio. While we cannot control financial markets or interest rates, we keep a watchful eye on them. No one can predict the future with complete accuracy, so we keep the lines of communication open with our clients. Our primary objective is to take the emotions out of investing for our clients.

We can discuss your specific situation at your next review meeting, or you can call to schedule an appointment. As always, we appreciate the opportunity to assist you in addressing your financial matters.

The Declaration of Independence was signed on July 2, 1776 and approved on July 4, 1776.

13 of the signers were 35 or younger and 7 were 60 and older.

- →Who was the oldest signer?
- Who was the youngest signer?
- Who had the largest signature?



Benjamin Franklin. He was 70 years old.; South Carolina's Edward Rutledge. He was 26.; John Hancock had the largest signature and he was also the first to sign.

Help us grow in 2016!

This year, one of our goals is to offer our services to several other people just like you! Many of our best relationships have come from introductions from our clients. Do you know someone who could benefit from our services?

We would be honored if you would:

- Add a name to our mailing list,
- ✓ Bring a guest to a workshop,



✓ Have someone come in for a complimentary financial checkup.

Please call Angie at Elite Retirement Consultants LLC (973) 729-2489 and we would be happy to assist you!

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In general, the bond market is volatile, bond prices rise when interest rates fall and vice versa. This effect is usually pronounced for longer-term securities. Any fixed income security sold or redeemed prior to maturity may be subject to a substantial gain or loss. The investor should note that investments in lower-rated debt securities (commonly referred to as junk bonds) involve additional risks because of the lower credit quality of the securities in the portfolio. The investor should be aware of the possible higher level of volatility, and increased risk of default.

Sources: Investing.com, Barron's, The New York Times, PressHerald.com, CNBC.com, Wall Street Journal, Fidelity.com, Seeking Alpha, Broadleaf Partners) Contents © 2016 Academy of Preferred Financial Advisors, Inc.

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Client Advocate Event on April 24, 2016 Escape Room & Hibachi dinner



YOUR SECRET ESTATE PLAN:

FLYING UNDER THE DEATH TAX RADAR BY LIFETIME GIVING*

By: Elenora L. Benz, Esq.



So you have accumulated an estate and you have met with your financial planner. Your financial planner says, "You need to do some tax planning to minimize the potential death taxes because of the size of your estate." You think that's a good idea, after all, who wants to make Uncle Sam or the State of New Jersey one of your heirs? You ask your financial planner what you should do. Your financial planner says that you should meet with an attorney who specializes in estate and gift tax planning. That attorney may be able to recommend some ways to do just that, both within and outside of your estate planning documents (including your Last Will and Testament, and other types of trust planning).

If you are married, you and your spouse can do all kinds of tax planning through your Wills that will allow you to maximize the use of your applicable exemption amount both under federal and New Jersey law. Tax planning under your Wills allows you to take a bite of the apple on both sides: once on the first death through a testamentary trust; and once again on the second death using the surviving spouse's exemption. You have heard this referred to by several different names, such as bypass trusts, A/B trusts, and disclaimer trusts. These tools in the estate planner's tool chest are tried and true and can work wonders for your estate plan.

Aside from the costs, this approach involves waiting until the second death to get any assets to the next generations of your family. You tell the estate planner that you would prefer to give with "warm hands" and that's when you are introduced to lifetime giving and all of its benefits.

There are a few basics which you should know:

First, the federal estate and gift tax exemption is currently \$5,450,000 (for 2016 and indexed for inflation for future years). It is also called a unified credit, which means you can use it either during your lifetime or at your death, or some combination of the two. **

Second, the federal estate tax rules include the concept of portability (New Jersey does not). Portability means that if on your death your estate does add up to \$5,450,000, the unused portion of your federal exemption can be transferred (ported) over to your surviving spouse.

Third, the New Jersey estate tax exemption is a mere \$675,000. That's the bad news. The good news is that New Jersey doesn't have a gift tax.

Now, let's talk about lifetime giving. Currently, Uncle Sam says that in any calendar year, you can make an outright gift (meaning no strings attached) of \$14,000 to any person (family member or not). Let's say you have two children and four grandchildren. You can give away \$84,000 to them (6 x \$14,000) in year one. Your spouse can also make \$84,000 in gifts to those same children and grandchildren. That's \$168,000 removed from your total estate by the mere signing of a few checks. If you and your spouse had not made those gifts, and your net taxable estate happened to be \$168,000 over the \$5,450,000 exemption amount,, your estate would pay a federal estate tax of approximately \$67,200 - based on the current 40% federal estate totaled \$5,450,000, your estate would owe no gift or death tax. And, understand that the \$14,000 annual gift (called a present interest exclusion gift) does not impact your lifetime exemption amount in any way.

Add to that the fact that when you gave away the \$168,000 in year one, you have not only removed that dollar amount from your taxable estate, but you have also removed from your estate any the potential earnings on that amount. A pretty good deal, I would say.

There's more to lifetime giving than the annual \$14,000 per person gift. The federal tax code section that describes gifting currently includes two other important parts, of which most of the general public is unaware. I am talking about the ability of any of us to pay for qualified medical expenses of any person in unlimited amounts (in addition to the \$14,000 annual gift). The same goes for the payment of any person's qualified education expenses in unlimited amounts. The big hurdle for these gifts is the proviso that those medical and educational expenses must be paid directly to the provider for the benefit of the person for whom you are making the gift.

Let's play out this scenario. You have a grandchild, Jake, who has just finished college. You want to give Jake a substantial token of your affection in recognition of his having achieved his undergraduate degree. You write a check to Jake for \$14,000, which Jake thinks is very nice of you, grandma. Then you find out that Jake needs some major surgery. You write out checks to the hospital, the surgeon, the anesthesiologist, the rehab center, and the pharmacy for the prescriptions Jake will need post-surgery. Jake makes a great recovery and then comes to visit and to tell you that he has been accepted to graduate school at New York University. You want to help Jake with his education expenses related to his graduate studies. You write a check payable to NYU for credit to Jake's account there. During the course of this very eventful year in Jake's life, you have reduced your taxable estate by upwards of \$100,000, all with no negative income or gift tax consequences to either you or Jake. Again, a pretty good deal.

By now, you have a really good idea of what I meant by giving with "warm hands." However, before your stop reading this article and start writing checks, there are many more things to consider. So, remember, if you wish to embark on a lifetime giving plan, the very first step is scheduling a meeting among you, your financial planner, your income tax professional, and your estate planning attorney. They are there for you, to guide you through the process. There are lots of rules that you don't want to run-afoul of and many things to consider before you start giving.

If you hope to fly under the estate tax radar, a good way to rev up that engine is to have that exploratory meeting to see if lifetime giving will work for you.

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Elenora L. Benz, is an attorney admitted to practice in New Jersey and New York. The focus of her practice is estate and gift tax planning, wills, trusts of all kinds, and the administration of decedents' estates. Her web address is <u>www.elenorabenz.com</u>. New clients are accepted by qualified referral or special circumstances only.